

Celebrate National Work & Family Month

October 2021

Join the WELL Team this month for a series of events to celebrate Work and Family Month. All events will be held virtually.

For any questions, contact
wellbeing@northwestern.edu.

Hope to see you there!



The Pandemic Balancing Act: Tips and Strategies for Working Parents

Tuesday, October 19
1:00 p.m. – 2:00 p.m.

[Register](#)

Northwestern Working Parent Network (NWPN) - Coffee Hour

Tuesday, October 26
9:00 a.m. – 10:00 a.m.

[Register](#)

Caring for Yourself: Avoiding Emotional Fatigue

Friday, October 29
10:00a.m. – 11:00 a.m.

[Register](#)